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If you've ever been curious about the steps to prayer, but don't know where to start, look no further! Below is a step-by-step guide for all four wudu ablutions. With this walkthrough from head to toe, you can be sure you are taking care of your spiritual needs in the best way possible. What is the first important rule in performing each wudu? You must make intention (niyyah). What does this mean? Making intention means thinking about what it means to do this act of worship and feeling sincere in your heart that you want Allah (SWT) to accept your act of worshiping Him with this act. It is like how you wouldn't go to any job interview without intending to work for this company. The difference is that with Allah (SWT), you must truly feel that you want Allah (SWT) to accept your act of worship with sincerity. This act of washing the face is the first step in performing wudu. This (rubbing water on your hands and rinsing them, along with washing your face with water) is called "ghusl jalali" or "the complete wash." The second step involves washing both hands three times, starting at the top of the knuckles all the way down to just at the fingertips. This is called the "thumb wash." The third stage involves washing both of your forearms, starting at the elbow down to the tips of your fingers. This is also called the "elbow wash." Finally, you finish with washing both hands again, but you start this time by rinsing them with water from a separate source. This type of water isn't intended for drinking or bathing purposes. The last two stages are then repeated once more to complete your wudu for prayer. The fourth step in performing wudu is completing the cleansing process known as ghusl jihad (Islamic ablution). This is where you completely wash your entire body with water. However, this is different from going swimming. You cannot take a bath or shower, or use soap. This is where the true meaning of washing comes into effect, as it is a complete washing of the whole body from head to toe. In cleansing yourself for wudu, one question that comes to mind is "How do I know when I am completely clean?" There are a number of ways to know that you have done the best you can in performing wudu. The best way to know is by using your senses. You can feel the water to make sure it's not cold, remember the feeling of cleanliness to know how it should feel, and lastly, you can smell the water to make sure it doesn't have a strong odor. If you are still unsure, ask someone else for advice or let them check for you.

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